

## **DSD Dance Center**

### **Guidelines For Jazz & Lyrical Company Teams**

Below is a series of key technical steps for each age category. In order to place in that age category for jazz and lyrical, the steps must be executed with proper ballet technique. Dancers will be placed based on execution of technique as well as teacher discretion (not previous year placement or current age). Any dancer who does not place in jazz or lyrical but wishes to in the future is encouraged to take extra classes, privates, conventions, or recreational Jazz/lyrical to ensure technique growth and improve chances for next year.

#### **Grades 1-4**

Turn out from the hips  
Straight leg kicks  
Right split with left and middle almost or already there  
Proper preparation for a single pirouette  
Single pirouette with proper ballet technique  
Right/left leg leap with chasse preparation  
Chaine turns with spot  
Balance in releve

#### **Grades 5-8** Same as ages 7 & 8 plus....

Clean double pirouette  
Soutenu turns  
Controlled penche  
Balance in releve passé  
Center leap  
Pique turns  
Extensions (heel stretch, needle)  
Battements  
Illusion

#### **Grades 9+** Same as ages 7-10 plus...

Clean triple pirouette  
180 degree extensions (needles, heel stretches)  
Double pique turns  
Promenade arabesque  
Grande a la seconde turns  
Calypso

On the day of auditions, your child will be asked to perform each technique according to his/her grade. Placement will be based upon execution.